

Year 1 – God’s Plan for the Christian Family

Study of Pope John Paul II’s Familiaris Consortio – The Role of the Christian Family in the Modern World.

Objectives of Year 1:

- To communicate God’s plan for marriage and family
- To know and understand the demanding, yet beautiful roles within the Christian family
- To recognize and appreciate the graces received through the sacrament of Marriage
- Learn what the CCC (Catechism of the Catholic Church) says about:
 - Grace
 - Sin
 - Sacraments
 - Beatitudes
 - Prayer

Year 2 – God’s Esteem for the Dignity of Motherhood

Study of JP II’s Mulieris Dignitatem (Dignity & Vocation of Women) and Redemptoris Mater (Mother of the Redeemer).

Objectives of Year 2:

- To understand who we are before God
- To find ourselves by giving to others
- To see Mary as the perfect model of womanhood
- To recognize the role that husbands are called to fulfill
- Delve into the CCC regarding:
 - The rosary
 - The Commandments of God

Year 3 – God’s Call to Holiness

Study of JP II’s Gratissimam Sane – Letter to Families

Objectives of Year 3:

Explore the CCC relating to:

- To recognize our complete dependence on God
- To turn to Our Lord with deeper love and understanding
- To effect personal growth in prayer so it permeates our day, our very being and to carry this to our families
- To honor Christ in our relationship with our husbands
- the Apostles Creed
- the Commandments of the Catholic Church

Year 4 – God’s Desire to be Known and Loved by All

Study of Apostolicam Actuositatem (Vatican II document entitled Apostolate of Lay People) and JP II’s Christifidelis Laici (on the lay faithful).

Objectives of Year 4:

Discuss what the CCC says about:

- To recognize the need for each of us to live our Baptismal promises to the fullest

- To understand that we are called to be an example of the Christian vocation of marriage
- To respond eagerly and generously in passing on our convictions of Christian family life to others
- The two great commandments
- The Virtues and the Works of Mercy